



Kde víťazom je každý



06. - 07. APRÍL 2019



## Johnson Controls HALF MARATHON RELAY RUN – Sunday, 7<sup>th</sup> April 2019

### ORGANISATION GUIDELINES FOR RELAY TEAMS AND THEIR MEMBERS

*The handover areas are placed not directly on the track of the run but one has to run a few meters out of the track to them and then back to the course of the run. Please follow carefully the navigation signs immediately before the handovers.*

*The handover places will be marked also with signposts, organizers will be placed at them as well. Please pay attention to the moment you run to the handover place as well, after the handover, when you run back to the main track so that you will be able to avoid collisions with other runners.*

*The places of handovers will be divided into 5 separate zones (according to start numbers): one zone for Half Marathon Relay Run and one zone for Marathon Relay Run.*

*Your personal belongings you can leave in depository situated in the technical zone. Belongings you want to get after your run in the handover place will bring your colleague who runs as next after you.*

*Thank you*

**The length of individual sections is as follows – A (5,3 km) – B (4,2 km), C – (5,9 km) – D (5,7 km)**

**The places of handover are as follows:**

- **A – Eurovea** – the runner “A” starts at 09:00 a.m. from the start point together with marathon and half marathon runners. The runners are placed into a separate start corridor. If the “A” runner wants to take back personal belongings in the place of handover A/B the “A runner” has to give them to the “B runner” who brings them to the handover place.

The handover place is situated in **Karadžičova Str.** next to BBC buildings (**5,3 km**). The “A runner” returns after the handover to Eurovea (600 m) to the start/finish area by feet.

The handover place is situated in the parking lots close to BBC buildings. On the main road turn right and you will reach individual handover zones. Back to the main track the “B runner” will get at the end of the parking lot.

- **B – Karadžičova ulica (5,3 km)** the “B runner” runs towards Ružinov. To the handover place he will get by feet from the start/finish zone in Eurovea (600 m – 8 min. by feet). **We highly recommend** to move to the handover place A/B simultaneously with the start of the run at 09:00 a.m. so that you get there in time and do not cross the runners in Landererova Str. or Dostojevského rad.

Personal belongings the “B runner” wants to take back in the handover place B/C the “C runner” brings to the handover place.

After the handover to the “C runner“ the “B runner” returns to the start/finish zone in Eurovea **by bus** (busses will wait in a big parking lot next to garages near the lake). The busses will bring the runners to a place near the finish zone – Košická/Apollo Bridge each time the bus is full.

- **C – Ružinovská ulica / Štrkovecké jazero (9,5 km)**

“C runner“ runs from Štrkovec direction Old Town. To the handover place he will be transported by bus from the Pribinova Str. next to the Technical zone (changing rooms, depository) – **the busses leave at 08:25 a.m.**





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Personal belongings the “C runner“ wants to take back in the place of the handover C/D he gives to the “D runner” who brings them to this handover place.

After the handover C/D (**Vajanského nábrežie – Námestie L. Štúra**) the “C runner” returns to the start/finish zone in Eurovea (500 m – 5 min.) by feet.

**When you go to Eurovea do not cross the track of the runners in Vajanského nábrežie and Šafárikovo námestie!!!**

#### **D – Vajanského nábrežie – Nám. L. Štúra (15,4 km)**

The “D runner” runs direction Šafárikovo nám. and Old Bridge. To the handover place C/D he gets from the start/finish zone in Eurovea by feet (500 m – 5 min. by feet) by feet. Personal belongings the “D runner” leaves in the depository in the start/finish zone or he gives them to the “C runner” who brings them to the finish.

**The “D runner” has got the start number with chip and after crossing the finish line he gets the medals for all relay team members!!! We kindly ask runners who run the A-C sections not to run to the finish zone together with “D runners” but to wait in the zone behind the finish corridor.**

### **IMPORTANT FOR RUNNERS**

Start number – each member of the relay team gets one start number which is different in color. The start number has to be placed visible on the chest.

The time measuring chip is placed on the start number of the first “A” and the last runner “D”. Chip is component part of the start number. After the race the start number belongs to the runner.

Relay runners will have their separate zone which will be situated in the middle of the start corridor. In case the relay starts from an earlier zone the team can be penalized by organizers (referee) with +10 min.

The handover areas will be visible marked with color lines on the road. They are placed at the 5,5 km, 9,5 km and 15,4 km. The handover items are reflex bracelets, which must be placed on racers’ wrists in the place of handover. Runners get reflex stripes within the start package and the runner “A” wears it on the hand as first.

**The handover places are positioned so that there is no collision with other runners. We kindly ask the relay runners to follow the advices of arbiters and the rules of FAIR PLAY in the places of handovers.** We also ask the relay team members to order in the places of handover so that you do not hinder the handovers of other relay teams.

Each handover is divided into 5 blocks where the relay team members are asked to line according to start numbers. Each block will be marked by a board.

6001 – 6100

6101 – 6200

6201 – 6300

6301 – 6400

6401 – 6500





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14. ročník

ČSOB  
BRATISLAVA  
MARATHON

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The runners get into busses and take their belongings from them after showing the start number! Please follow the advices of the organizer – the “bus managing team”. Enter the busses from the first one for your handover to the third so that the busses get full and their capacity is fully used.

In the busses leave only belongings which you have to store necessary. The organizer is not responsible for loss of stored belongings in busses. After the event all not picked up items will be moved from the busses to the depository (Eurovea – Pribinova ulica – technical zone) where you can pick them up. After the end of the event all left belongings will be stored 30 days in the BE COOL agency.

### Corporate relay runs competition

Rules: Participate can corporations who can put together 5 relay teams at least. The time of a corporation will be counted as the sum of the best 5 relay teams in absolute order. Within each corporation will be selected always maximal one common team created by 5 best relays. To define the corporate affiliation it is necessary to write in the registration form, section “note” the name of corporation (it can differ from the name of the relay team), it is necessary that relay teams within one corporation write always the same corporate name (like ČSOB, JOHNSON CONTROLS, TELEKOM and so on). To join the corporate relay runs competition is possible also during the event when picking up of start packages.

